## Powered by Avera Sports4th-6th Grade Boys/Girls<br/>BASKETBALL WORKOUTSLocation:Avera Sports Center (85th & Minnesota)Cost:\$115 Please make checks payable to Avera Sports Center

Warwick Workouts Advanced Offensive Player Development Camps and Clinics

## Athletes will receive a Warwick Workouts Hoodie.

Weekly Workouts are the foundation to be coming a skilled basketball player. Athletes of all skill levels will benefit from the intensity and progression of weekly workouts. The foundational skills needed to be a great ball handler, shooter, and scorer are taught and built upon each week. The routines and drills taught during Warwick Workouts provide athletes with an easy transition to incorporate the skill development work into their individual or team workouts.

Wednesday, October 29 <sup>th</sup>	6:00-7:30
Wednesday, November 5 <sup>th</sup>	6:00-7:30
Wednesday, November 12 <sup>th</sup>	6:00-7:30
Wednesday, November 19 <sup>th</sup>	6:00-7:30

## **Register online at** <u>www.warwickworkouts.com</u> Find your session under the register fall workouts tab

Contact Kris Warwick with questions about weekly workouts Email: warwickworkouts@gmail.com

Cell: 391-6700 (Kris) or (712)461-2316 (Cody)

## WHERE CHAMPIONS TRAIN.